



VIBRATIONAL SELECTION PROCESS GUIDELINES FOR SAHAJA YOGA AUSTRALIA POLICY



Please refer to this link:

<https://www.syletanews.com/selection-x-2-files>

for 'Forms Templates / Resources' and 'History - HH Shri Mataji's Approval'

The principles in this Policy include those approved by HH Shri Mataji at Genoa in 2010 and the methods used for Vibration Selection are designed to give a fully transparent recorded process for selecting HH Shri Mataji's representatives as Trustees utilising Divine Vibrations as indicated by Her Holiness through chosen vibration 'Checkers' with a heightened sensitivity on the day.

LETA is required to regularly consider and review its policies to remain consistent with legislation and to ensure they comply with HH Shri Mataji's guidance and the smooth running of the administration of Sahaja Yoga Meditation Australia, including selection process aspects approved by HH Shri Mataji in writing in 2010.

INDEPENDENT SELECTION MANAGEMENT TEAM

To deal with real or perceived conflict of interest, remove interference and ensure clarity, integrity and confidence, there will be no involvement by current or former Councillors, Coordinators, Trustees or any family members in the selection processes and LETA has formally created an independent team of respected Sahaja Yogis to be known as the Selection Management Team (SMT) who will arrange all aspects of Vibration Selection Processes for Trustees. The SMT will be familiar with all requirements, make all arrangements pertaining to, and the conducting of Selections, and will prepare and provide all required resources and keep records.

SELECTION PROCESS

Stage 1 - CHOOSING SELECTORS – (see supporting material in Forms Templates / Resources)

The Selection Management Team will provide five A4 'Manila' envelopes with numbers 1 to 5 placed on them. Two photos of Her Holiness approximately A4 size will be placed into two separate envelopes. The remaining three envelopes have an A4 page with negative words such as 'Lust', 'Hatred', 'Anger' printed on them.

Assembled Yogis are provided with pens and the form with five squares and are asked to place their name and the date and check vibrations of each A4 envelope, presented separately one at a time. Yogis are given sufficient time to check the vibrations of each envelope. The Yogi then marks the numbered squares with a tick or cross indicating the vibrations they feel from the corresponding envelope. The forms with the five boxes marked by yogis (and pens) are collected from everyone to be carefully checked by the Selection Management Team to see who is more accurately feeling HH Shri Mataji's vibrations on the day. The filled in forms with the five boxes will be retained for record purposes.

After the forms are collected each of the A4 envelopes are opened to show yogis present the contents which are then replaced in the same numbered envelopes. Those with the most correct answers (Checkers) will be notified and asked to take part in the Stage 2 selection checking in HH Shri Mataji's rooms at Balmoral. A minimum of three Checkers are required to conduct the process.

Stage 2 - SELECTING CANDIDATES - (see supporting material Forms / Templates / Resources)

The process utilised ensures vibration checking is carried out in a completely anonymous way where candidates' names are placed inside sealed envelopes with only a number displayed on the outside. Before conducting the vibration check the Selection Management Team will arrange all candidates' names to

be printed off in a LARGE FONT (*no handwriting anywhere to avoid writers' vibrations*) to fit in and be placed in DL size 'manila' non-transparent sealed envelopes. The envelopes are shuffled by a separate assistant not present when the names were placed in envelopes and they will glue numbers to the outside of the envelopes ensuring no-one will know which names are in the numbered envelopes.

The 'Checkers' will spend time in Meditation and then each numbered envelope will be presented on a music stand or similar and checked on vibrations with the question silently asked: "*Shri Mataji, is it Your Will that this Yogi/Yogini be a TRUSTEE.*"

Checkers must be reminded before the checking begins that COOL requires both hands to be cool with no catches. Any catches on either hand will be recorded as NOT COOL with details of catches written on the Form.

The results will be marked on the 'Selection of Nominees on Vibrations Form' against the appropriate number with all catches written on the form. Checkers will remain in place and in meditation in case a further check is required.

When all the checking is finished the SMT will take the completed forms and open the envelopes and place the names on the sheets next to the envelope number.

IMPORTANT. Once the names have been placed on the forms they are to be immediately replaced back into the same numbered envelopes and sealed for any future reference.

Compilation List A list is then made up of all Candidates with the vibration indications for each person noted under their names.

Results Form. A summation will then be added to the 'Results Form.'
Progressive details of catches and Final Results to be listed on the Results form 1,2,3 and so on.

Stage 3 - CHECKING ACCEPTANCE AND OFFERING TO HH SHRI MATAJI

A new Trustee is only considered selected after fully complying with and fulfilling all the processes in this document. When new Trustees are selected the Selection Management Team will contact the selected candidate/s to ensure they will accept the delegated position. If they don't accept the next in line candidate is to be appointed. The results will be sent to Nirmal Dham to be offered to HH Shri Mataji and remain confidential until they are announced publicly by the SMT.

STAGE 4 - RECORD KEEPING - VIEWING

All of the original envelopes, forms and any records are to be securely retained by the Selection Management Team during the process and placed in our secure filing system in HH Shri Mataji's rooms at Burwood. Any Sahaja Yogis wishing to view the records held at Burwood will need to apply to the Trustees, providing a reason, and do the viewing in the company of a Trustees.

LOCATION OF SELECTIONS .

Traditionally checking has been held at Balmoral in HH Shri Mataji's cottage at a major event to provide maximum number of potential checkers and Collective attention on the process. However Selections may be held at other venues.

NEW STRUCTURE WITH NO COUNCILLORS

Previous arrangements of having State and National Councillors and a Coordinator will no longer apply as all Councillor positions have now officially ceased. Roles previously provided by Councillors will now be provided by the LETA Trustees and groups of volunteer Sahaja Yogis.

Trustees and volunteer assistant Sahaja Yogis will assist the Collective with providing programs, events, pujas, enjoying celebrations, assisting with the maintenance and improvements to properties, working bees, transport etc., arranging and advising program and puja groups of rosters and requirements, helping to arrange national events, generally assisting the Collective in spreading Sahaja Yoga and enjoying HH Shri Mataji's family and Her vibrations.

The Trustees will work closely with the Communication Support Staff to keep the Collective advised of events, share important information, and create an inclusive, lighthearted news vehicle for the Collective to enjoy their extended family locally, nationally and internationally.

The Trustees will focus on a friendly, open, constructive relationship with the Collective and share news of their activities, initiatives and responsibilities to ensure clarity, openness, and avoid any misunderstandings. National pujas, camps, tours, property enhancement or other national initiatives will be openly discussed with input sought from relevant assistants and local Collectives.

TRUSTEE and ADMIN TRAINING

New Trustees and Administration assistants will receive full training at extensive workshops relating to all facets of their responsibilities, legal obligations, an overview of Administration staff roles, and interaction protocols with the Collective, Communications Teams, and all other Administration volunteers.

NOMINATIONS

Nominations for Trustee positions will be invited in a Collective message and arranged by the Selection Management Team and open to well established Yogis of at least 5 years regularly practising Sahaja Yoga Meditation with general respect in the Collective and fulfilling the requirements of a Trustee-Director..

NOMINEES ARE REQUIRED TO COMPLY WITH THE FOLLOWING

- They are actively involved in the work of Sahaja Yoga
- They regularly attend collective programs and pujas
- Their personal circumstances are such that they can actively contribute to the workings of the administration in a respectful, positive manner always having Her Holiness and the welfare of the Collective in the attention and the highest priority.
- They agree to always adhere to HH Shri Mataji's advice and instructions.
- They should enjoy the general respect of the Collective.
- They have no pending legal action that may bring Sahaja Yoga into disrepute.
- Any nominee who has a criminal record which would affect their ability to carry out their role as a representative should decline to be nominated.
- Any Representative involved in legal action must step down from their position until the matter is resolved. A replacement for the position can be arranged if the situation is long term.
- Representative who resigned during their term of service will not be eligible to be considered, unless they can provide a legitimate reason such as a required employment relocation to another state.
- Any nominee chosen who declines to take up the role will not be eligible to nominate again or be appointed again at a later date.
- Nominees involved in spreading negative messages, criticising others publicly or via social media and disturbing the quiet enjoyment of the Collective will not be eligible to be considered.
- It is a requirement that only one yogi from a single family be selected to act as a representative.
- All nominees must provide digital or photographic proof of a current Working With Children Check clearance (or equivalent in other States) with their application.

Nominees will receive further advice about the role and interactions in due course.

TRUSTEE COMMUNICATIONS

Please refer to the Communications Policy

ACCEPTANCE OF OUTCOMES

All Nominees will agree to respect and adhere to and not challenge HH Shri Mataji's indications of the Selection Processes.

RESIGNATIONS OR REMOVAL FROM SERVICE

The Trust has the authority to withdraw its delegated approval of any volunteers and remove individuals from positions if required when serious breaches of guidelines have occurred and attempts at correction have failed, and the circumstances require action to maintain protocols, compliance, and the quiet, peaceful enjoyment of the Collective. Should any Trustee resign or cease acting in the role, at the remaining Trustees discretion if it is considered necessary to fill the role, either the Yogi next in line on vibration selection will take up the role, or a suitably qualified replacement as a temporary measure will act until a Selection process occurs.

TRAINING / AWARENESS WORKSHOPS

To ensure Trustees and other LETA delegated volunteers are fully aware of the numerous complex areas of responsibilities, obligations, and other roles of Sahaja Yoga Meditation Australia's administration the Trust will arrange comprehensive awareness workshops at appropriate times.

Signed



Trustee/Director LETA
Revised January 2025