



A message from the Trustee-Directors of
LETA (Life Eternal Trust Australia)
and LEPA (Life Eternal Properties Australia)



Happy Mother's Day

The Trustees on behalf of all our administration volunteers and all Sahaja Yogis acknowledge and send our very best wishes and great appreciation to all the Mothers on this your special day.

H.H. Shri Mataji you are the Mother of all Mothers. We surrender to thee.

"Because the love is like an ocean, and because this love makes the Mother very humble, everything flows to the Mother it flows."



Explaining Policies and Rules Wedding Anniversary, Early Days MOJ Tour Highlights / Photos / Videos

Dear Australian Family,

Jai Shri Mataji!

Sahaja Yogis sometimes ask why we have so many Rules and Policies.

Our obligations and requirements are explained below, why they are necessary, and importantly the benefits they bring to our Sahaja family as we enjoy our collectivity, our properties, and interactions with the public.

We also offer highlights from the Music of Joy India Tour 2023 with stories, photos and videos, remembering HH Shri Mataji's Wedding anniversary, and early photos from Wamuran.



Why do we have Policies and rules?

HH Shri Mataji personally created the LETA Deed for Sahaja Yoga Australia.

She directed us that LETA and Sahaja Yoga is to be **recognised as a credible, respected formal organisation**, and to keep Sahaja Yogis and relevant government departments advised of our activities and to ensure we fulfil our legal requirements and **act and live within the 'law of the land'**.

HH Shri Mataji established Life Eternal Trust Australia as the official body created for the management of Sahaja Yoga as outlined in the aims and objectives of the Deed.

Apart from **expected legal requirements** our Policies and Rules are designed to **keep everyone safe**, particularly our children, and create a **relaxed, happy, respectful environment** where we all understand the **boundaries of behaviour** while **enjoying our properties and facilities**, and maintaining and improving them for future generations.

We also have strict rules about **how our finances are managed** and reported and requirements around **insurance** and other administration processes.

All our activities are to be conducted in **full respect and love for HH Shri Mataji** and Her expectations of us as Her children.



Required policies for Sahaja Yoga Australia

Compliance

In line with **ASIC** (Australian Securities and Investments Commission), **ACNC (Australian Charities and Not-for-Profits Commission)** and our **Insurers** requirements, the Life Eternal Trust Australia / Life Eternal Properties Australia Pty Ltd Trustee-Directors are

required by legislation to **create, administer, and ensure compliance** by all Sahaja Yogis to a series of policies.

The Trustee-Directors are personally liable and responsible for the actions of Sahaja Yogis **visiting or staying at our properties** or conducting **any activities** on our properties or in **public situations**, including **on line** and on **social media**.

The Trustee-Directors are also **responsible for all financial aspects** and **records**, the **administration of our properties** and the activities of Councillors and all Sahaja Yoga volunteers.

Apart from the legal requirements to have and adhere to our Policies, they give us clear up to date guidelines, and ensure everyone can enjoy being together in a **secure and safe environment** with **full respect and consideration** for one another and members of the public we interact with.



List of Sahaja Yoga Policies

WWCC CHILD SAFETY	HEALTH & SAFETY
COVID 19 POLICY	PRIVACY POLICY
CONFIDENTIALITY	COMMUNICATION
CONFLICT OF INTEREST	BULLYING HARASSMENT
SCHOOLS POLICY	FINANCIAL REPORTS
INCOME EXPENDITURE	DELEGATION
PURCHASE POLICY	DONATION COLLECTION
COMPLAINTS	VOLUNTEER POLICY
REIMBURSEMENT	PREVENTION OF FRAUD
AUDITING POLICY	ACCOUNTING AUDIT
WILL DONATIONS	INSURANCE
FOOD SAFETY POLICY	FOOD QUESTIONNAIRE
ALCOHOL & DRUGS	SELECTION PROCESS
ENVIROMENTAL	

Please visit the www.syletanews.com website at the Policies Page to read the Policy documents. [Please visit this link](#)



An example of one of our Policies



Working With Children Check Policy

H.H. Shri Mataji expressed Her care and concern for the children of Sahaja Yoga and showed us that we must love, care for, and protect the safety and innocence of our children. It is our desire and responsibility that all the children feel this love and security at all Sahaja events.

Australia as the Mooladhara of the world is a leader in Child Safety and introduced WWCC (or equivalent) in each state and territory as a step towards further protection and safety for our children.

"Our main achievement should be that loving attention for children."

"We have inside the understanding that we have to protect innocence."

H.H. Shri Mataji Nirmala Devi - Shri Ganesha Puja 2001

By law it is mandatory for all Sahaja Yogis over 18 years to have a current WWCC (or equivalent) clearance to attend any events where children under 18 years are in attendance, no matter what time of the day.

Why we have WWCC Child Safety Policy?

'The Child Safe Standards provide a framework for creating child safe organisations. They are designed to drive cultural change to create, maintain and improve child safe practices.'

'When organisations apply the Standards they build a culture where abuse of children is prevented, responded to, and reported.'

NSW Office of Children's Guardian Last update: 24 January 2023

Sahaja Yoga Meditation Australia has appointed a National Child Safety Coordinator with appropriate high-level training, expertise and experience to plan, assess risks, assign and manage State Child Safety Coordinators and volunteers and be responsible for the safe and successful implementation of Sahaja Yoga children programmes.

LETA/LEPA is committed to ensure the safety, welfare and wellbeing of children and young people wherever they interact with Sahaja Yoga activities.

LETA/LEPA endeavours to create and maintain a safe, positive, child-focused environment for children and young people up to 18 years at its premises, meditation and training venues and other events, and we thank all Sahaja Yogis for supporting this important initiative.

Should you have any questions please contact our National Child Safety Coordinator, Ms Astrid Fleay at:

E: astridfleay@gmail.com M: [0439 312 893](tel:0439312893)

Please read the full Policy here: [WWCC & Child Safety Policy](#)





100th Advent Birthday Puja and Music of Joy India Tour - reflections. Story / Photos / Videos

The recently concluded 100th Advent Music of Joy Tour to India has made the dreams of many Yogis who missed out on taking part in the early India Tours with Shri Mataji come true.

That decision led many Yogis to one of their most memorable and spiritually edifying experiences of their life making their own personal Sahaja spiritual pilgrimage to celebrate Shri Mataji's 100th Birthday and to visit the sacred sites and stations upon the earth where the Advent of Shri Adi Shakti took place: of **Her birth place at the shrine of Chhindawara, Noida Pratishthan** the home Shri Mataji designed and

built in the north, **Pune Pratishthan Shri Mataji home and world centre** and **Nirmal Dham Shri Adi Shakti's resting place**.

A Trustee shared at the start of the Tour that approximately **half of the world's Yogi population practicing Sahaja Yoga live in Maharashtra**, there is around **25% of world's Yogi population who reside in the rest of India** and **the remaining 25% of the practicing Sahaja Yoga live in the rest of the world** which is perhaps why we are drawn to India to Tour and to support the spreading and growth of Sahaja Yoga.

As part of the celebration of Shri Mataji's 100th birthday there were **four major Tours** that were organised with the support of Western based Sahaja Yogis. For the Music of Joy India Tour over the three weeks of the Tour it is estimated **21,000 seekers received their self-realisation**.

When you include the numbers who received their self-realisation with the Yog Dhara India Tour 2023 which was a two-month long tour throughout India, as well as the Tour to Varanasi and the One Tour which also toured through Maharashtra. **The number of seekers receiving their self-realisation approach 100,000** as an offering to Our Mother in celebration of the Her 100th Birthday.

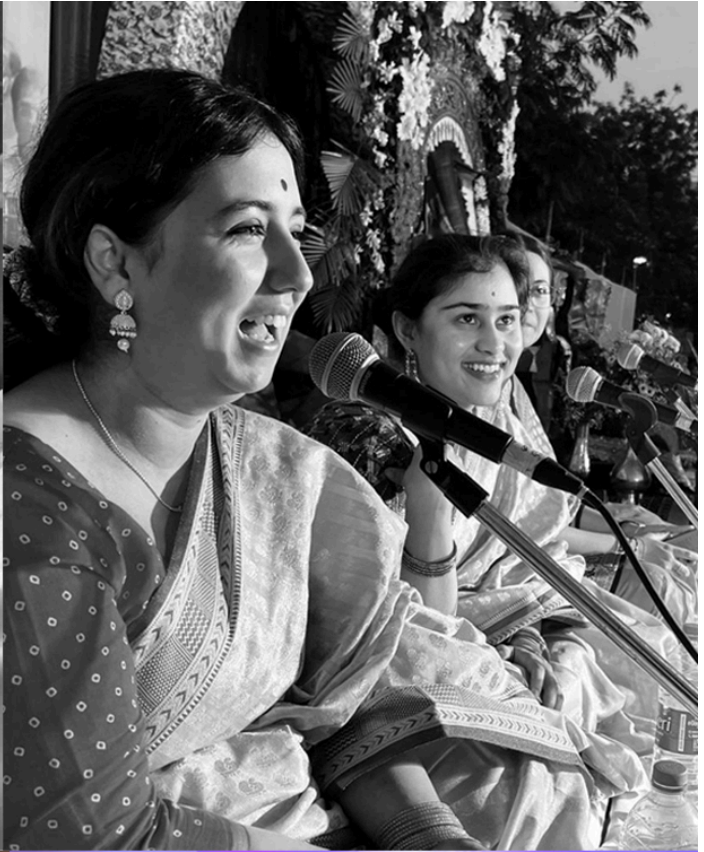
Many of the great religious traditions have as central to their faith the seekers pilgrimage seen as an individual's journey through life reflecting their personal spiritual journey of growth and exploration. This outlines a pathway which is hoped will lead the seeker to an encounter with God.

For Sahaja Yogis how much more enlightened in this journey when we undertake the Sahaja spiritual pilgrimage to **Shri Mataji's sacred sites observed through Her Advent where Her heavenly abode has an intersection with the Earthly realm** at the sites where Shri Mataji's Advent was enacted upon the Earth.

The Sahaja holy sites are brought to life when Sahaja Yogis visit to offer Puja, to sing the sacred mantras and offer bhajans. We feel that we are meeting Shri Mataji once more.

READ MORE [Full story with all photos](#)

WATCH VIDEOS at this link [Videos](#)



LOKMAT TIMES ● Anchor

Foreign artistes mesmerise audience

LOKMAT NEWS NETWORK
YAVATMAL

A musical meditation programme titled 'Sahajyog Meditation Music Parv' was organised by the Sahajyog Pariwar on the occasion of birth centenary of spiritual guru Nirmala Devi, on Savarkar Ground in Balaji Society in the city.

A troupe of 40 artistes from various countries made musical presentation to imbibe the significance of Indian culture, music and 'Sahajyog'

These artists from Australia, Newzealand, South Africa, Malaysia, Greece and India highlighted the salient features and useful nuances



A troupe of 40 artistes performing at 'Sahajyog Meditation Music Parv' organised in Yavatmal.

of soothing Indian music and age old Indian Yog. In addition to exemplify Sahaja Yog, they rendered devotional songs

with thought-provoking messages before the audience.

District convener of Sahaj Yog Meditation Centre Dr Chandrashekhar Kudmethe, Sahajyog Committee members Santosh Dudhe, Rajendra Kshirsagar, Hemant Pangarkar, Dinesh Dahake, Anjali Jaiswal, Aparna Chivane and Swapnil Kapile took efforts for success of the programme.

Those prominently present in the audience were MLA Madan Yerawar, police inspector Manoj Kedare, Dr Durgesh Kunte, Kirti Raut, Rajendra Dange, Pralay Tipramwar, Pankaj Deshmukh, Chetan Bhaware, Chetan Deshmukh, Vaibhav Bhuse and a host of devotees.





Recent Wedding Anniversary of the Marriage of HH Shri Mataji and Sir C.P. 7th April.

"Today is the anniversary day of the wedding, and I have allowed them to celebrate it because marriage is very important in Sahaja Yoga. It is one of the most important things for Sahaja Yoga, that one should get married..."

Now I have been married, I think thirty-sixth year is this [of] My marriage today. There's so many years have passed but still I still feel like a bride with My husband because really we have been very wise people to live like that. And of course, there are ups and downs, but ultimately one feels very different about the whole thing. He has sent a beautiful letter today, thanking you all for your kindness shown to Me, and for all the kindness you have shown to him..."

So, marriage is a very big blessing in Sahaja Yoga because all the Gods and all the angels are watching these marriages and They will see to it that these marriages are successful..."

Shri Gruha Lakshmi Puja

7 April 1981, Sydney, Australia

"Marriages are important, because they help Sahaja Yoga. Not because they go against Sahaja Yoga. So, more time must be spent with Sahaja Yoga activities, both of you should work it out. And not that we should have a nice holiday together, or sort of a thing like that, you'll never enjoy. You cannot enjoy holiday without Sahaja yogis being there. Now these are your holidays, these are your festivals, these are your enjoying places."

Wedding Anniversary Celebration

7 April 1982, Nightingale Lane Ashram, London, UK

"I don't know what to say about our married life and kind of life I had to go through. I don't think it was anything sacrificing or anything difficult for Me. I am a different type of person you know that. And to Me, everything was quite alright. But outside people might think that way but the main thing was Sahaja Yoga for Me which I have achieved by which you all have got your self-realization...

So, life can be very-very interesting if you learn how to enjoy and this enjoyment comes to you through your Spirit. As you are awakened now you are realized souls. You are enjoying the music. Some of you might have not understood Punjabi language may be that but everybody was enjoying. What you were enjoying was the Spirit which was enjoying the music ...So, see that you enjoy each and everything whatever is there try to enjoy. Because now you have got such a lot of energy from the Divine...

...My greatest desire to see that the world should change...

I am thankful to you for celebrating this wedding anniversary and ... we got married but all the time I was thinking that I will be able to establish Sahaja Yoga in this world. That's what you people are here to begin to give Me that satisfaction.

So, thank you very much.

Wedding Anniversary Celebration

7 April 2001, New Delhi, India



Early days at Wamuran. Recognise anyone?



[Link to Newsletter No 1](#)

[Link to Newsletter No 2](#)

[Link to Newsletter No 3](#)

in case you missed them

Wishing you all peace and bliss,

Adam, Sue, Suhas, John, Craig, Hari, and Chris.



Adam Potts



Sue Nickson



Suhas Bhasale



John Tedesco



Craig Armstrong



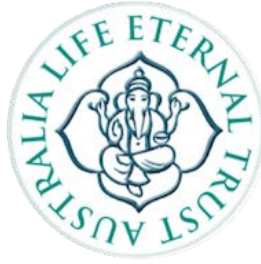
Hari Gaikwad



Chris Kyriacou

Meet the Trustees, explore our Policies, discover our Properties, learn about our Projects, Historical Photos of HH Shri Mataji, Medical Advice, FAQ's, Recent News, and much more

[Visit our new website](#)



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