



*Aum Twamewa Sakshat, Shri Ganesha Sakshat, Shri Adi Shakti Mataji,  
Shri Nirmala Devi Namoh Namaha.*

## **SAHAJA YOGA AUSTRALIA COLLECTIVE REPRESENTATIVE GUIDELINES AND HISTORY OVERVIEW**

**Jai Shri Mataji!**

Australian Sahaja Yogis have used vibration checking for important decisions since Her Holiness was in the country in 2006-2007.

In September 2010 at HH Shri Mataji's Genoa House She arranged for the Australian National Representative Selection using methods that were discussed beforehand allowing Her to indicate Her Will via the Divine Vibrations and introducing a Continuity Principle.

She blessed the process in person and in writing as the method for Australian Sahaja Yogis to use into the future for Her to indicate whom She chooses as Her State and National representatives.

The process has served the Australian Collective well with Her Divine attention very pronounced during the Selection and Checking processes.

Guidelines which follow are based on our using vibratory awareness over the years and HH Shri Mataji's Selection Process She arranged in Genoa, with enhancements to further improve the integrity and transparency of Mother's gift of Vibration Selection where She indicates Her choices.

**GENOA PROCESS, PHOTOS & LETTERS  
at end of the document**



## AUSTRALIAN COLLECTIVE REPRESENTATIVE SELECTION PROCESS USING VIBRATION AWARENESS

### OVERVIEW

*Vibration Awareness processes provided by Her Holiness since 2006 create a connection through the param chaitanya to indicate Divine choices for important decisions.*

*While already in use, Her Holiness arranged the selection of Australian representatives in Genoa in 2010 to indicate those best suited to serve Her Australian family as representatives, and endorsing the process in writing with the inclusion of a 'Continuity Principle' to maintain knowledge and experience. To reflect the Genoa 2010 arrangements, we have a 3-stage process involving teams of volunteers to manage the Selections using vibratory awareness to reflect Shri Mataji's Will via the parama chaitanya.*

**AUTHORISED FACILITATORS:** *The Trust and the Council will each nominate two respected Senior Yogi / Yogini who will be appointed as 'Facilitators' to arrange all required resources and conduct both the 'Selector / Checker' process and the Councillor / Coordinator / Trustee Selection process.*

*The established delegated and approved Facilitators Team will conduct the selections. The current Coordinator, Councillors or Trustees will not be involved.*

*The Facilitators will all read and become familiar with these guidelines and prepare all required resources and will not discuss or interact in any way with Councillors, Coordinators, Trustees or their family members during the Selection process.*

## DETAILS OF THE SELECTION PROCESS

### Stage 1 - CHOOSING SELECTORS (CHECKERS)

Provide five A4 coloured 'Manila' envelopes with numbers 1 to 5 (numbers provided in the package) on them. Two photos of Her Holiness approximately A4 size are placed into two separate envelopes (provided by the Facilitators). The remaining three envelopes have an A4 page with negative words such as 'Lust', 'Hatred', 'Anger'. (Words are provided).

Assembled Yogis are provided with pens and the form with five squares and are asked to check vibrations of each A4 envelope, one at a time and presented separately. The yogis are given sufficient time to check the vibrations of each envelope. The Yogi then **print their names** and marks the numbered squares with a tick or cross if they feel vibrations from the corresponding envelope.

The forms with the five boxes marked by yogis are collected from everyone to be carefully checked by Facilitators to see who is more accurately feeling Mother's vibrations on the day. After the forms are collected the A4 envelopes are opened to show yogis present the contents which are replaced in the same numbered envelopes.

Those with the most correct answers (Checkers) will be notified and asked to take part in the Stage 3 selection checking in a private place. Minimum three Checkers are required.

### Stage 2 - SELECTING CANDIDATES

The process ensures vibration checking is carried out in a completely anonymous situation where candidates' names (*see appendix 'Criteria for Candidates'*) are placed inside sealed envelopes with only a number displayed on the outside.

#### **Nominations for positions.**

The Nomination Process will be conducted by delegated 'Selection Facilitators' with public announcements using an online registration program. Nominees will need to provide a referee and meet a Selection Criteria which will be provided. All nomination records are to be included with the Stage 1 and 3 Selection Documents and stored at HH Shri Mataji's Burwood Centre. All nominees will be advised of the outcome of the Selection processes.

For:

**State Councillors:** The Selection Facilitators will seek self nominations for positions for each state.

**National Councillors:** Nominees are required to have gained previous experience as recent State or National Councillors.

**National Coordinator:** Nominations will be overseen by the Australian Council and Trustees with nominees checked on vibrations as with all other positions.

**Trustees:** Nominations will need to provide CV's and meet Specific Selection criteria to ensure capability within the Trust.

### **Stage 3 - VIBRATIONAL SELECTION**

The Facilitators will arrange for all candidates' names to be printed off in a LARGE FONT (*no handwriting anywhere to avoid writers' vibrations*) to be placed in DL size 'manila' non-transparent sealed envelopes. The envelopes are shuffled by a separate assistant not present when the names were placed and will glue numbers to the outside of the envelopes. Thus, no-one will know which names are in the numbered envelopes.

The 'Selectors / Checkers' will spend some time in Meditation and then each numbered envelope will be presented on a music stand or similar and checked on vibrations with the question: **"Shri Mataji, is it Your Will that this Yogi/Yogini be a NATIONAL or STATE COUNCILLOR or COORDINATOR or TRUSTEE."** COOL requires both hands to be cool with no catches. Any catches will be recorded as **NOT COOL**.

Using the 'Selection of Nominees on Vibrations Form' all indicated vibrations are to be marked on the Form against the appropriate number. Checkers remain in place and in meditation in case a further check is required and will only be rechecked before any envelopes are opened. When all the checking is complete the Facilitators will take the completed forms and open the envelopes and place the names on the sheets next to the envelope number.

### **IMPORTANT**

Once the names have been placed on the forms they are to be immediately replaced back into THE SAME NUMBERED ENVELOPES and sealed to avoid any mix ups.

### **COMPILATION LIST**

A list is then made up of all Candidates with the vibration indications for each person noted under their names.

A summation of results will be added to the 'Results Form.' Eg: Which Candidate received most Cool results. Which Candidate received most Not Cool results. Details of catches. Final Results to be listed on the Results form 1,2,3 and so on.

The current National Coordinator and Trustees are to be provided with a copy of the Results List by email with all information to remain confidential.

### **CHECKING ACCEPTANCE**

When new Councillors or Trustees are selected, either the Coordinator or a Trustee will contact the selected candidate/s to ensure they will accept the delegated position. If not, the next in line candidate is to be approached. All Trustees are to be included in all communications.

When all arrangements have been completed a letter will be composed to Her Holiness by the Coordinator / Trustees advising the selection of Her new Councillors/Coordinator/Trustee and sent to Nirmal Dham. After a few days the announcement will be made to the Collective.

## RECORD KEEPING

All of the **nomination records**, original envelopes, forms and any records are to be securely retained by the Facilitators during the process.

Once the process is completed all records are to be placed in an A4 or larger envelope marked “Councillor/Coordinator/Trustee Selection (date) (State)” and placed in our secure filing system in HH Shri Mataji’s rooms at Burwood.

Any Sahaja Yogis wishing to view the records held at Burwood will need to apply to the Coordinator or Trustees providing a reason and do the viewing in the company of one of the Trustees.

Details of any catches or other private information from the Selection Process are never to be discussed with anyone. Apart from the original records any copies or photos of confidential information are to be deleted or destroyed.

A new Councillor/Coordinator/Trustee is only considered selected after fully complying and with proof of fulfilling all the processes in these documents.

## SEPERATION OF DUTY AND RECORD KEEPING DUTIES OF THE FACILITATORS

To ensure no perception of interference Facilitators cannot be a Coordinator, Councillor Trustee or family members and they will have no role in the process once arrangements are made and handed over to the Facilitators.

**Adequate printed copies of the ‘5 square’ forms** used to choose the ‘Selectors / Checkers.’ Numbers 1 to 5 (provided in package) to be printed and glued on outside of five A4 Manila envelopes with 3 Negative words (provided in package)

**Two approximately A4 size photos of Shri Mataji** (provided by Facilitators) to go inside separate A4 envelopes along with negative words in separate envelopes for choosing ‘Selectors / Checkers’.

**All required Vibration Selection Forms** will be provided to the Selection Management Team. All Records are to remain sealed and delivered to Her Holiness at Burwood. Interstate records are to be sent by secure delivery to a designated NSW Trustee to deliver to Burwood and provide photo proof of delivery to the Facilitators involved, Coordinator/s and Trustees.

## LOCATION

To maximise participation numbers all Trust, Councillor and National Coordinator selections will occur at an agreed National Puja being major Collective events. State Councillor selections may occur at an alternative state upon the Collective’s request. Selections will be managed by the Facilitators.



The Trustees-Directors delegated volunteers will provide all Form Templates, Nomination Forms and various resources where required.

Results and all Selection Records will be kept secure during the process, signed off by participants, and delivered to HH Shri Mataji's Burwood home.

Records of names of representatives and their periods of service will be established for record keeping.

Extensive Guidelines will be provided to Facilitators for training purposes.

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#### **APPENDIX: CRITERIA FOR CANDIDATES**

Nominees for a role of Sahaja Yoga Representatives need to meet the following criteria:

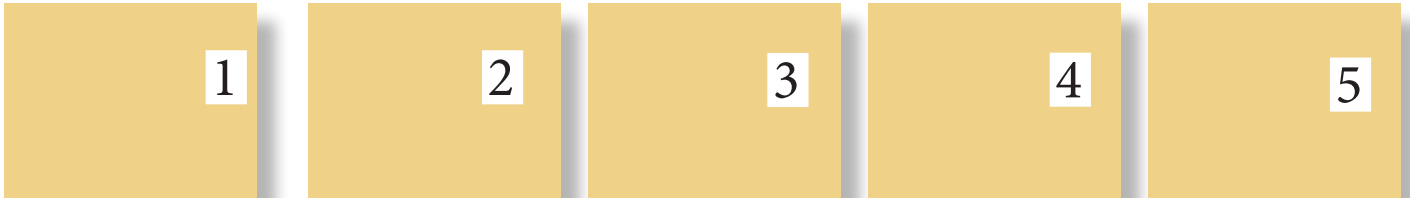
- They are actively involved in the work of Sahaja Yoga
- They regularly attend collective programs and pujas
- Their personal circumstances are such that they can actively contribute to the workings of the administration in a respectful, positive manner always having Her Holiness and the welfare of the collective in the attention and the highest priority.
- They agree to always adhere to HH Shri Mataji's advice and instructions.
- They should enjoy the general respect of the Collective.
- They have no pending legal action that may bring Sahaja Yoga into disrepute.
- Any nominee who has a criminal record which would affect their ability to carry out their role as a Representative should decline to be nominated.
- Any Representative involved in legal action (not considered malicious in nature) must step down from their position until the matter is resolved. A replacement for the position can be arranged if the situation is long term.
- Representative who resigned during their term of service will not be eligible to be considered unless they provide a legitimate reason such as a required employment relocation to another state
- Anyone in a position where they can't provide or prove the existence of their Selection records involving either or both the Stage 1 and Stage 2 process with a signed and dated Results Form will be considered invalid.
- It is recommended that only one yogi from a single family be selected and act as a representative as having more than may impact upon the family.
- All nominees must provide digital or photographic proof of a current Working With Children Check clearance (or equivalent in other States) with their application to be considered for Selection.
- All nominees' names will be recorded and applications meeting the criteria will be offered to HH Shri Mataji via the Vibration Selection process.

# STAGE 1 PROCESS

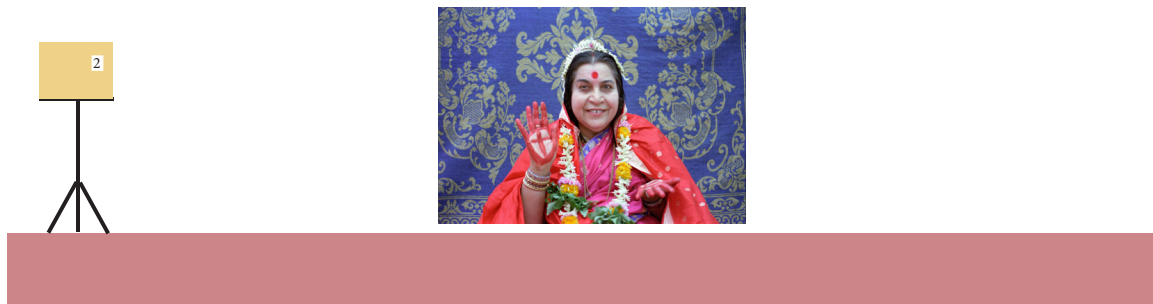
**5 Envelope Selection - to identify Yogis with good sensitivity on the day - equivalent to the Marriage Team in Cabella.**

## Sample of A4 Manila envelopes

with some containing HH Shri Mataji's photos and others with negative vibrations



Each envelope is placed one at a time on a music stand or similar to the left or right of the stage to avoid vibrations coming from HH Shri Mataji's photo on the stage.



Yogis PRINT the date & their name and check vibrations and mark a tick for cool vibrations and a cross for not cool vibrations on the form below.



SAHAJA YOGA AUSTRALIA VIBRATIONAL SELECTION

DATE: .....

NAME: (please print clearly) .....

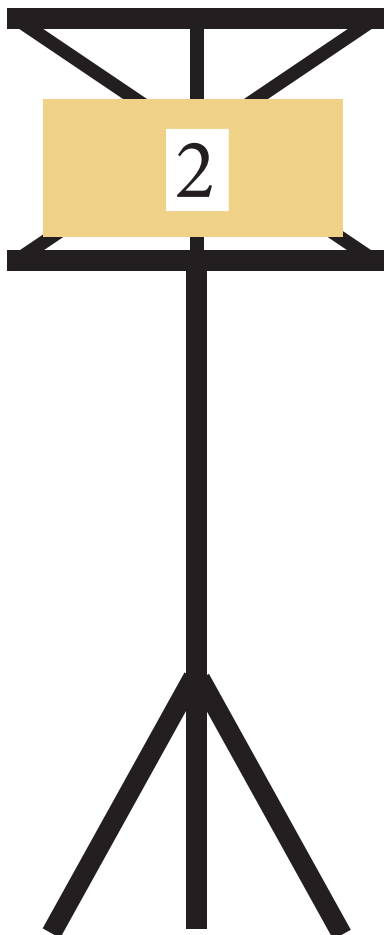
Clearly mark each box with a tick ✓ for cool vibrations - or a cross ✗ for not cool vibrations

1	2	3	4	5
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# STAGE 3 RESOURCES

## Sample DL size Manila envelopes with Numbers

Printed Candidate names are sealed within the Envelopes with only a number visible when being checked on vibrations.



The printed Names of Candidates are placed by two Facilitators and the Envelopes are sealed. They are then mixed or shuffled and given to another Facilitator not present when the names were placed.

The third Facilitator then moves to a separate area and places the numbers on the Envelopes. They are then kept secure in a locked case in preparation for placing them on a music stand or similar to be checked for vibrations.

This process ensures that no-one knows which names are in the numbered envelopes

All names and numbers are to be printed, cut and placed in and on the Envelopes to avoid any handwritten interference in the vibrations.

Once the checking of envelopes has been completed the Checkers will hand over their named and signed forms to the Facilitators and remain in place in case a second check is needed.



## ITEMS REQUIRED TO BE PROVIDED TO OR BY THE FACILITATORS

To ensure no perception of interference Facilitators cannot be a Coordinator, Councillor or Trustee who will have no role in the process once arrangements are made and handed over to the Facilitators.

**Adequate printed copies of 5 box forms** used to choose the 'Selectors / Checkers.'

**5 + extras A4 envelopes** (Manila coloured non transparent.)

**Adequate number of DL size envelopes** (Manila coloured non transparent.)

**Numbers 1 to 5** (provided in package) to be printed and glued on outside of 5 x A4 Manila envelopes with 3 Negative words (*provided in package*)

**2 approx A4 size photos of Shri Mataji** (*arranged and provided by Facilitators*) to go inside separate A4 envelopes along with negative words in separate envelopes for choosing 'Selectors / Checkers'.

**Smaller size numbers** to suit nominees to be offered to Shri Mataji to be printed, cut out and glued on outside of DL envelopes at appropriate point. (*provided in package*)

**Printing off of Candidates names** on paper to suit DL envelopes.

**All required forms** as provided in the package in required numbers to suit for the process.

**Pens, music stand, briefcase** or secure container, **glue, scissors, large sealable envelope to place all records in.** **A lockable briefcase or similar** to ensure all records remain secure and can't be interfered with or destroyed.

**All required Vibration Selection Forms** will be provided by the Trustees via their delegated Selection Management Team.

All Records are to remain sealed and delivered to Her Holiness at Burwood. Interstate records are to be sent by secure delivery to a NSW Trustee to deliver to Burwood with photo proof of delivery sent to the relevant Facilitators, Coordinator and all Trustees.

As time passes and more Yogis/Yoginis come to Her Holiness and Sahaja Yoga they may not be aware of important historical facts and guidance provided during Her incarnation, specifically relating to our administration.

Of those fortunate to spend time in Her presence and see and hear first-hand Her loving instructions, some of us were charged with ensuring Her advice doesn't become lost, misinterpreted or corrupted, by creating records such as this of significant advice, events and examples designed to take us into the future.

Her Holiness regularly warned that what She has given us is sacrosanct and cannot be challenged or disregarded, and it is essential for Collectives and their Countries to remain in the attention and blessings of the Divine.

An example of disregarding Her advice occurred where a democratic process was created in one of our cities so Yogis could vote on how they wanted Sahaja Yoga to be managed. Her Holiness was very angry that a process was created suggesting human egos knew better than the Divine, and She immediately dismantled the arrangement, making an example of those involved.

## HISTORICAL SELECTION AT SHRI GANESHA PUJA CABELLA/GENOA ITALY 2010



At Shri Ganesha Puja in Italy in 2010 Her Holiness arranged for a majority of Australian National Councillors to be in attendance. The Councillors took the opportunity to discuss formally adopting a 'Continuity Principle' and using 'Vibration Checking' for future Councillor and Coordinator selection for the Australian Collective with Her Holiness and Sir CP.

The Continuity Principle is designed to ensure a continuation of knowledge being provided to a new Council or Coordinator and avoids new members being unaware of processes, legalities, projects, relationships, contacts and arrangements with other countries etc. It also ensures that the experience, wisdom, knowledge and information about the management of Sahaja Yoga is not lost, and ensures that the promotion of Sahaja Yoga is not disrupted by the appointment of a new Council without experience.

The 'Continuity Principle' has two aspects:

1. By adding a percentage of previously experienced recent Councillors from the last Selection who are in agreement to be included in the Candidates list to be checked.
2. By holding the Selection process around three months before the hand-over date so new Councillors/Coordinators can be included in communications and interact with active Councillors/Coordinators becoming familiar with the role.

The Australian National Council was due to be renewed and as most were at the home of Her Holiness with Her in attendance it was an ideal time, place and situation to offer the names to the Divine.

Prior to receiving HH Shri Mataji's blessings for the Australian Councillor/Coordinator Selection Process using Divine Vibrations, the concept was widely discussed around the country with strong support received as a means for Shri Mataji to indicate directly whom She wants in Councillor and Coordinator positions to assist with the practical and spiritual needs of the Collective and the spreading of HH Shri Mataji's gift and message.

Before going to Italy each current Councillor was contacted checking if they were prepared to offer themselves to Mother and if chosen, serve again as a Councillor. The arrangement was that those not wishing to be offered would advise by email, which a number did. A list was then made up of some previous National Councillors and a number of experienced State Councillors.

Councillors nominated themselves and there was no time restriction on how long a Councillor could serve, based on the understanding that Her Holiness would decide how long She wished them to be in Her service.



## COMPARING THE GENOA SELECTION TO METHODS USED IN AUSTRALIA

The following is provided to explain the process in Genoa which HH Shri Mataji arranged, and the process Her Holiness has successfully used in Australia for 12 years.

*(Incidentally in Genoa Her Holiness miraculously chose the appropriate number of Councillors living in every Australian state to ensure they were represented.)*

Some aspects of the Genoa process have been enhanced to provide even more transparency and security, but the basics elements remain identical.

### HAVING SUITABLY SENSITIVE YOGIS FOR HER HOLINESS TO INDICATE HER WILL THROUGH

(In 2010 **In Genoa** Shri Mataji used the Marriage Team members to conduct the Selection).

**In Australia** this involves having a group of Yogis with recognised good vibratory awareness to be vehicles for Shri Mataji's indications. To identify those receptive to vibrations on the day a process using Mother's photos in envelopes and other envelopes with negative words to differentiate the vibrations to get sensitive Selectors.

Those with the best results are invited to carry out the Candidate Selection process.

## PLACING NAMES IN ENVELOPES

**In Genoa** NO Australian Councillors were present and names were placed in plain envelopes and the Marriage Team mixed them up and asked the question ***“Mother, Do you desire that this person to be in Australian council”*** (See Confirmation Notes of Genoa Process page 10)

**In Australia** printed Candidate names are placed in sealed plain envelopes and shuffled by two Facilitators. Another Facilitator not involved in the placing and shuffling places the numbers on the envelopes in a separate place so no-one can possibly know the names inside the different envelopes.

The Australian process uses the words ***“Shri Mataji, is it Your Will that this Yogi/Yogini be a (State Councillor, National Councillor or Coordinator) for Australia for the Advancement of Sahaja Yoga?”***

## RECORDING AND STORING THE RESULTS

**At Genoa House** vibrations felt were written directly on the envelope with hot envelopes being put aside. The envelopes were returned, and a list made of those Mother had chosen. As each name was removed and recorded on the list the name was immediately placed back in the envelope.

All name envelopes were then placed in a sealed larger envelope and stored in a secure cupboard outside Shri Mataji's rooms. Someone challenged the results and the sealed envelopes were transported to Burwood and provided the required proof to dismiss the challenge.

## HER HOLINESS BLESSES SELECTION PROCESS

**In Genoa** a letter describing the process used and a list of representatives was presented to Her Holiness with verbal explanations and seeking Her blessings for the representatives and the process utilised. After blessing the letters a copy was placed at Her Lotus Feet. (Photos below) Her Holiness also provided letters confirming Her blessings for Her selection process.

## FOLLOWING ARE:

PHOTOGRAPHS OF HER HOLINESS BLESSING THE PROCESS

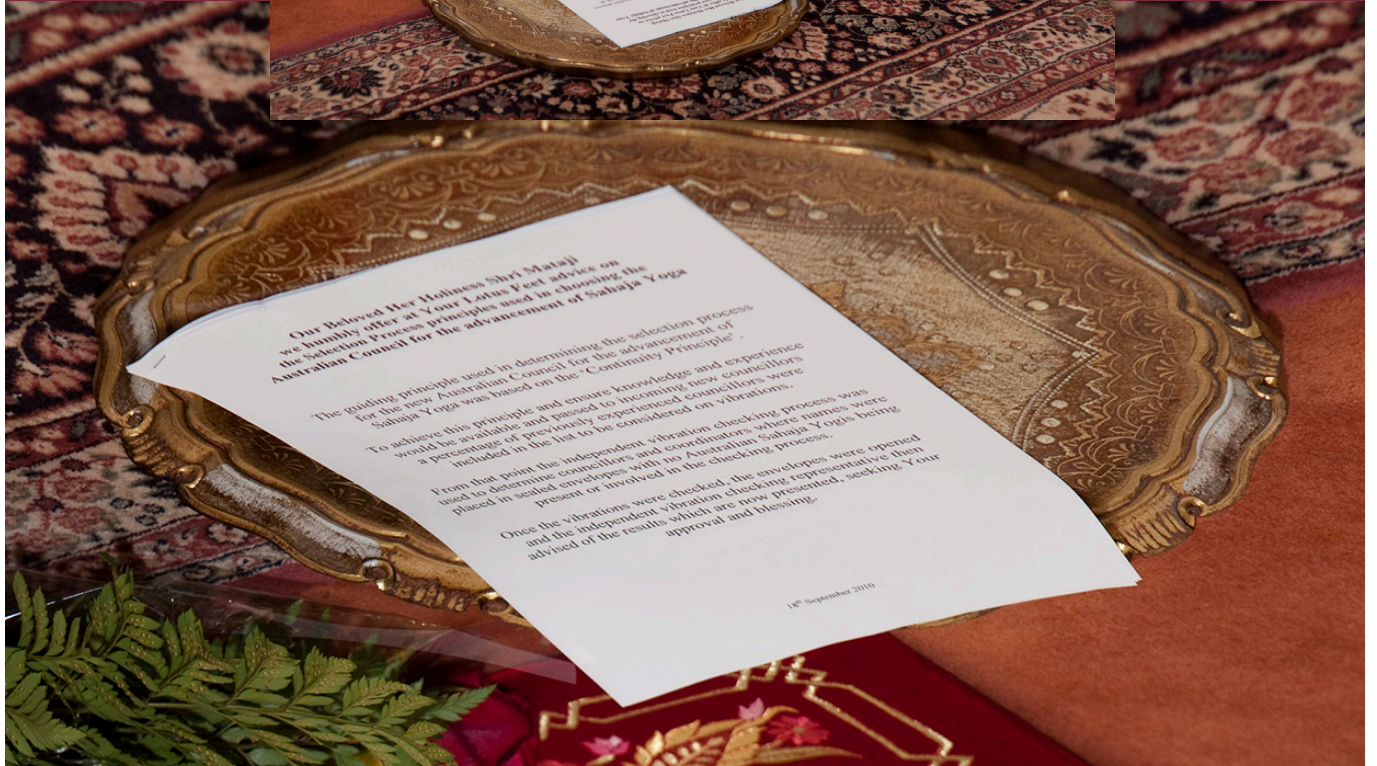
LETTER TO HER HOLINESS

LETTERS FROM HER HOLINESS

CONFIRMATION OF THE GENOA PROCESS



## HER HOLINESS GIVES HER BLESSING TO THE SELECTION PROCESS AND COUNCILLORS CHOSEN IN GENOA IN 2010





## 2 PAGE LETTER TO HER HOLINESS

**Our Beloved Her Holiness Shri Mataji**  
**We humbly offer at Your Lotus Feet advice on the**  
**Selection Process principles used in choosing the**  
**Australian Council for the advancement of Sahaja Yoga.**

The guiding principles used in determining the selection process for the new Australian Council for the advancement of Sahaja Yoga was based on the 'Continuity Principle'.

To achieve this principle and ensure knowledge and experience would be available and passed to incoming new councillors a percentage of previously experienced councillors were included in the list to be considered on vibrations.

From that point the independent vibration checking process was used to determine councillors and coordinators where names were placed in sealed envelopes with no Australian Sahaja Yogis being present or involved in the checking process.

Once the vibrations were checked, the envelopes were opened and the independent vibration checking representatives then advised of the results which are now presented, seeking Your approval and blessing.

16<sup>th</sup> September 2010

*The second page advised the names of those selected.*



## 2 PAGE LETTER FROM HER HOLINESS

SHRI MATAJI NIRMALA DEVI

Via Pasquale Berghini, 65  
Genoa, Italy, 16132  
Italy

*17<sup>th</sup> September, 2010*

My dearest son Chris,

Your message dated 14 September, 2010, has brought tears to my eyes to know that your term as the Australian Sahaja Yoga Co-ordinator is now over. You have been an ideal and totally devoted SAHAJA YOGI AND SAHAJA LEADER. You have taken absolutely admirable steps for spreading the HOLY AND NOBLE message of SAHAJA YOGA not only throughout Australia but also in many other countries. I have seen their videos and have felt overjoyed. I request you to continue to provide guidance and encouragement to the new team to carry forward your noble mission in every possible manner.

I convey my love, blessings and best wishes to the new Australian SAHAJA YOGA CO-ORDINATOR, SNO BONNEAU, who has devoted himself wholeheartedly to the advancement of SAHAJA YOGA and has written a SUPERB BOOK on PRATISHTHAN. I also convey my love and best wishes to the new Australian Council. They have your glorious example to emulate. I know that all of them are totally dedicated to SAHAJA YOGA and to spreading the SAHAJA message. My love and blessings to all of them.

With all my blessings to you and to all members of the erstwhile Council,

Mataji Nirmala Devi

I join SHRI MATAJI in every word above and convey my feelings of immense admiration, love and respect,

C.P.

SHRI MATAJI NIRMALA DEVI

Via Pasquale Berghini, 65  
Genoa, Italy, 16132  
Italy

*19<sup>th</sup> September, 2010*

In continuation of my earlier message, I wish to convey to you my complete approval of the Selection Process principles used in choosing the Australian Council for the Advancement of Sahaja Yoga.

With love,

Mataji Nirmala Devi

## CONFIRMATION NOTES OF THE PROCESS HELD IN GENOA IN 2010

We were blessed by HH Shri Mataji by Her arrangements for the selection of the new Australian Council members at Her home in Genoa in September 2010.

During Shri Ganesha Puja in Italy a number of Australian Councillors had the opportunity to discuss with Shri Mataji and Sir CP a suggested process developed after wide consultation and input for choosing State and National Councillors and Coordinators. The proposed method was approved and advised '*this is the model for the rest of the world.*' India has also recently adopted a Vibration Checking Council Selection process.

To provide some continuity of experience, carrying forward of essential knowledge and to maintain all efforts to spread and promote Sahaja Yoga, a principle that a percentage of the previous Council be nominated as candidates for vibrational selection was endorsed.

This principle is further enhanced by holding the Selection earlier than the change-over time so those chosen can gain experience working the Councillors and Coordinators before taking over.

After receiving the blessings to go ahead with the suggested method, the names of all the new Australian State Councillors, and a number of previous Australian Councillors were provided for checking.

The candidates names were then placed in sealed unmarked envelopes by a senior Greek Councillor and checked on vibrations by the team helping with the work for the marriages. This was done independently of any Australian Yogis in Shri Mataji's residence in Genoa with Shri Mataji Herself present in the home.

### **The Greek Councillors written comments follow:**

*"I was involved for checking vibrations for new Australian Council at Genova House. We put the names of each candidate in separate envelopes. We mix the envelopes and checked vibrations asking questions like "Mother, Do you desire this person to be in Australian council?". Then the result were like hot, cool, catches etc. We wrote result on each envelope. Hot envelopes were not selected. No Australian member were present during vibration checking and no one knew whose name was in the envelope"*

### **A member of the World Council also provided written comment:**

*"A Greek Councillor had supervised the process so I confirmed with him that they used the envelope method for selection based on what the Australians had agreed to. I'm completely satisfied that the process was done correctly according to the wishes of the Australian collective and am happy to endorse this."*

We can advise that by checking the vibrations, Shri Mataji's Will has been expressed in the selection of the Yogis to represent the Sahaja Yogis of Australia as the Australian Council.

# IDENTIFYING AND VERIFYING CANDIDATES

Carried out by delegated Facilitators

## Criteria for Candidates

Nominees for a role of Sahaja Yoga Representatives need to meet the following criteria:

- They are actively involved in the work of Sahaja Yoga
- They regularly attend collective programs and pujas
- Their personal circumstances are such that they can actively contribute to the workings of the administration in a respectful, positive manner always having Her Holiness and the welfare of the collective in the attention and the highest priority.
- They agree to always adhere to HH Shri Mataji's advice and instructions.
- They should enjoy the general respect of the Collective.
- They have no pending legal action that may bring Sahaja Yoga into disrepute.
- Any nominee who has a criminal record which would affect their ability to carry out their role as a Representative should decline to be nominated.
- Any Representative involved in legal action (not considered malicious in nature) must step down from their position until the matter is resolved. A replacement for the position can be arranged if the situation is long term.
- Representative who resigned during their term of service will not be eligible to be considered unless they provide a legitimate reason such as a required employment relocation to another state.
- Anyone in a position where they can't provide or prove the existence of their Selection records involving either or both the Stage 1 and Stage 2 process with a signed and dated Results Form will be considered invalid.
- It is recommended that only one yogi from a single family be selected and act as a representative as having more than may impact upon the family.
- All nominees must provide digital or photographic proof of a current Working With Children Check clearance (or equivalent in other States) with their application to be considered for Selection.
- All nominees' names will be recorded and applications meeting the criteria will be offered to HH Shri Mataji via the Vibration Selection process.

## Trustees authority to amend rules and regulations

The Rules and Guidelines as approved by Her Holiness for the Selection of Representatives in Australia may be enhanced from time to time by the Trustee-Directors while retaining the essence of HH Shri Mataji's guidance.

These amendments are intended to improve the transparency, security and integrity of the process to be adhered to. The Trustee-Directors may also delegate responsibility for various aspects of the Selection process to groups of volunteers to assist in arranging and conducting the Selection processes as directed, and in accordance with HH Shri Mataji's guidance and indications.

# RESOURCES

## ITEMS REQUIRED TO BE PROVIDED TO OR BY THE FACILITATORS

To ensure no perception of interference Facilitators cannot be a Coordinator, Councillor or Trustee who will have no role in the process once arrangements are made and handed over to the Facilitators.

**Adequate printed copies of 5 box forms** used to choose the ‘Selectors / Checkers.’

**5 + extras A4 envelopes** (Manila coloured non transparent.)

**Adequate number of DL size envelopes** (Manila coloured non transparent.)

**Numbers 1 to 5** (provided in package) to be printed and glued on outside of 5 x A4 Manila envelopes with 3 Negative words (*provided in package*)

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**Printing off of Candidates names** on paper to suit DL envelopes.

**All required forms** as provided in the package in required numbers to suit for the process.

**Pens, music stand, briefcase** or secure container, **glue, scissors, large sealable envelope to place all records in.** **A lockable briefcase or similar** to ensure all records remain secure and can't be interfered with or destroyed.

**All required Vibration Selection Forms** will be provided by the Trustees via their delegated Selection Management Team.

All Records are to remain sealed and delivered to Her Holiness at Burwood. Interstate records are to be sent by secure delivery to a NSW Trustee to deliver to Burwood with photo proof of delivery sent to the relevant Facilitators, Coordinator and all Trustees.

**SAMPLE FORMS USED IN THE  
SELECTION PROCESS FOLLOW**

**ALL REQUIRED SPECIFIC FORMS WILL  
BE PROVIDED BY  
THE LETA TRUSTEE-DIRECTORS**

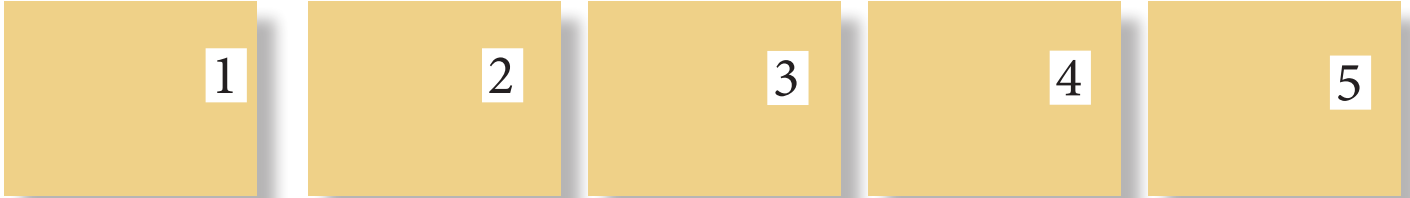


# STAGE 1 PROCESS

**5 Envelope Selection** - to identify Yogis with good sensitivity on the day - equivalent to the Marriage Team in Cabella.

## Sample of A4 Manila envelopes

with some containing HH Shri Mataji's photos and others with negative vibrations



Each envelope is placed one at a time on a music stand or similar to the left or right of the stage to avoid vibrations coming from HH Shri Mataji's photo on the stage.



Yogis **PRINT** the date & their name and check vibrations and mark a tick for cool vibrations and a cross for not cool vibrations on the form below.



SAHAJA YOGA AUSTRALIA VIBRATIONAL SELECTION

DATE: .....

NAME: (please print clearly) .....

Clearly mark each box with a tick ✓ for cool vibrations - or a cross ✗ for not cool vibrations

1	2	3	4	5
---	---	---	---	---

JAI SHRI MATAJI



SAHAJA YOGA AUSTRALIA VIBRATIONAL SELECTION

DATE: .....

NAME: (please print clearly) .....

Clearly mark each box with a tick ✓ for cool vibrations - or a cross ✗ for not cool vibrations

1	2	3	4	5
---	---	---	---	---

JAI SHRI MATAJI!



SAHAJA YOGA AUSTRALIA VIBRATIONAL SELECTION

DATE: .....

NAME: (please print clearly) .....

Clearly mark each box with a tick ✓ for cool vibrations - or a cross ✗ for not cool vibrations

1	2	3	4	5
---	---	---	---	---

JAI SHRI MATAJI!

**3 WORDS TO BE PLACED IN A4 MANILA  
ENVELOPES ALONG WITH TWO SEPARATE  
APPROXIMATELY A4 SIZE PHOTOS OF  
HH SHRI MATAJI FOR SELECTOR CHECKING.**

**NO HANDWRITING TO BE USED ON ANY  
ENVELOPES OR INSIDE ENVELOPES**

TRUST

HAATJERED

ANNIGER



NUMBERS TO GO ON RIGHT HAND SIDE OF  
A4 MANILA ENVELOPES WITH  
MOTHER'S PHOTO AND WORDS FOR  
CHOOSING THE 'SELECTORS'-'CHECKERS'

1

2

3

4

5



SAHAJA YOGA MEDITATION AUSTRALIA

NAMES OF 'CHECKERS' TO CARRY OUT CHECKING ON  
VIBRATIONS FOLLOWING THE 5 ENVELOPES PROCESS TO IDENTIFY  
THOSE WITH VIBRATION SENSITIVITY ON THE DAY

DATE: ..... / ..... / .....

	NAMES
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

**FACILITATORS SIGNATURES for the process to identify those chosen to carry out the Selection.**

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....

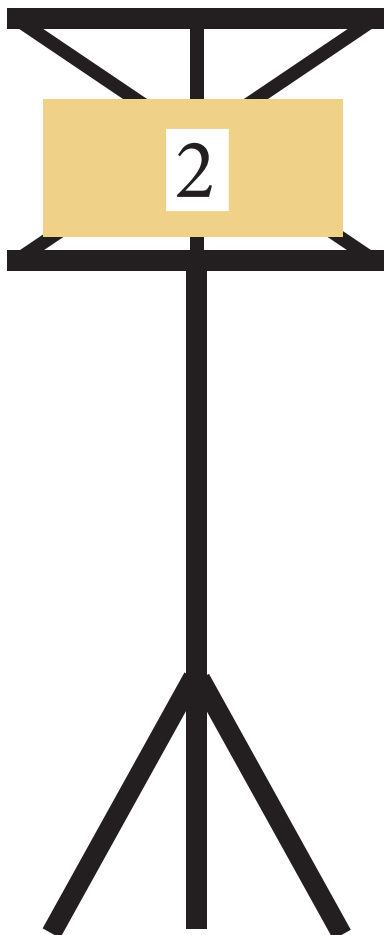
Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....

# STAGE 3 RESOURCES

## Sample DL size Manila envelopes with Numbers

Printed Candidate names are sealed within the Envelopes with only a number visible when being checked on vibrations.



The printed Names of Candidates are placed by two Facilitators and the Envelopes are sealed. They are then mixed or shuffled and given to another Facilitator not present when the names were placed.

The third Facilitator then moves to a separate area and places the numbers on the Envelopes. They are then kept secure in a locked case in preparation for placing them on a music stand or similar to be checked for vibrations.

This process ensures that no-one knows which names are in the numbered envelopes

All names and numbers are to be printed, cut and placed in and on the Envelopes to avoid any handwritten interference in the vibrations.

Once the checking of envelopes has been completed the Checkers will hand over their named and signed forms to the Facilitators and remain in place in case a second check is needed.



SAHAJA YOGA STATE COUNCILLOR FOR (STATE) .....  
 SELECTION OF NOMINEES ON VIBRATIONS

Ask the question “HH Shri Mataji, is it Your Will that this Yogi/Yogini be a STATE  
 for (State Name) ..... for the Advancement of Sahaja Yoga?”

“Cool” requires both hands to be cool with NO catches.

**If you feel any catches you must tick the NOT Cool Vibrations box.**

Selectors’ (Checkers) Name ..... Signature ..... Date .....

	Cool Vibrations	NOT Cool Vibrations	Comments and Chakra catches felt Please complete for each number	NOMINEES NAME <small>(only added after Selection is completed)</small>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

**FACILITATORS NAMES AND SIGNATURES I have witnessed this Selection Process.**

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....



SAHAJA YOGA **NATIONAL COUNCILLOR**  
SELECTION OF NOMINEES ON VIBRATIONS

Ask the question “HH Shri Mataji, is it Your Will that this Yogi/Yogini be a NATIONAL COUNCILLOR for Australia for the Advancement of Sahaja Yoga?”

“Cool” requires both hands to be cool with NO catches.

**If you feel any catches you must tick the NOT Cool Vibrations box.**

Selectors’ (Checkers) Name ..... Signature ..... Date .....

	Cool Vibrations	NOT Cool Vibrations	Comments and Chakra catches felt Please complete for each number	NOMINEES NAME <small>(only added after Selection is completed)</small>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

**FACILITATORS NAMES AND SIGNATURES I have witnessed this Selection Process.**

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....





**SAHAJA YOGA AUSTRALIAN NATIONAL COORDINATOR**  
**SELECTION OF NOMINEES ON VIBRATIONS**

Ask the question “HH Shri Mataji, is it Your Will that this Yogi/Yogini be the Australian National Coordinator for the Advancement of Sahaja Yoga?” “Cool” requires both hands to be cool with NO catches.

**If you feel any catches you must tick the NOT Cool Vibrations box.**

Selectors’ (Checkers) Name ..... Signature ..... Date .....

	Cool Vibrations	NOT Cool Vibrations	Comments and Chakra catches felt Please complete for each number	NOMINEES NAME <small>(only added after Selection is completed)</small>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

**FACILITATORS NAMES AND SIGNATURES I have witnessed this Selection Process.**

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....



**COMPILATION FORM FOR (POSITION) .....**

SAHAJA YOGA SELECTION OF NOMINEES VIBRATIONS RESULTS - Date .....

NOMINEES NUMBER ..... NAME: .....		
Number of Cool Vibrations	Number of <b>NOT</b> Cool Vibrations	Comments and Chakra catches felt
NOMINEES NUMBER ..... NAME: .....		
Number of Cool Vibrations	Number of <b>NOT</b> Cool Vibrations	Comments and Chakra catches felt
NOMINEES NUMBER ..... NAME: .....		
Number of Cool Vibrations	Number of <b>NOT</b> Cool Vibrations	Comments and Chakra catches felt

We the undersigned **Facilitators** have witnessed the process to add these details and confirm they are precise and correct.

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....



## SAHAJA YOGA SELECTION FINAL RESULTS

(POSITION) ..... Date .....

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

By HH Shri Mataji's grace .....

has/have been chosen on vibrations to be an Australian Sahaja Yoga Representative as a

(Position) .....

We the undersigned Facilitators have witnessed the process to add these details and confirm they are correct.

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....

Name: ..... Signature: ..... Name: ..... Signature: .....



**FACILITATORS  
SELECTION TEAM MEMBERS**

**DECLARATION FORM**

We the undersigned **Facilitators** declare that we have carried out the Selection Process held on (Date) .... / .... /..... at: ..... for (position) .....

in full accordance with the guidelines provided by HH Shri Mataji and under the guidance and instructions from the LETA Trustee-Directors

**Name:** ..... **Signature:** .....

**Name:** ..... **Signature:** .....

**Name:** ..... **Signature:** .....

**Name:** ..... **Signature:** .....

**Name:** ..... **Signature:** .....

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